

The logo for 'Body & Soul BEAUTY' is centered at the top. It features the words 'Body & Soul' in a white, elegant cursive script, with 'BEAUTY' in a smaller, white, all-caps sans-serif font directly below. The text is enclosed within a thin, light-colored circular border that has a slightly distressed or hand-painted appearance, with small white speckles scattered around it.

Body & Soul
BEAUTY

Carly specialises in facials and is a platinum technician in the Million Dollar Facial treatments.

She has over 10 years experience in Caci non surgical facelift facials and is always learning to bring you new and exciting treatments like the Peels and Meso therapy.

All our facials have led light therapy to help rejuvenate and radiate your skin.

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01534 727202

jerseybodyandsoul@hotmail.com

Online bookings via
www.bodyandsouljersey.com

Late night and weekend appointments
Parking available on-site
Gift vouchers available

Facials

THALGO MARINE FACIAL (60 MIN)

£55

Thalgo marine facial ritual is extremely relaxing, using serums packed with active marine ingredients that are applied with Thalgo's Heart of the Ocean massage, recreating the rhythmic motions of the sea to relax the facial muscles and relieve tension, this is followed by a skin-specific mask, leaving the complexion restored to its natural beauty.

MILLION DOLLAR FACIAL (60 MIN)

£95

Recommended course of 4-6 treatments.

The Million Dollar Facial is a luxurious facial where science meets indulgence! This incredible treatment carries an endless amount of benefits to help you achieve a smooth and glowing complexion. Your treatment will involve a combination of an in-depth skin analysis, dermaplaning, lymphatic massage using our ice globes, micro needling (ADD MESO THERAPY COCKTAIL) a fabulous hyaluronic acid mask, Led light therapy and finish with our luxury million dollar serum and itox cream.

This method will heavily increase the absorption of any active ingredients by 80% as opposed to 8% so You and your skin will feel a Million Dollars with our Million Dollar facial at Body and Soul.

Benefits:

- Elevated absorption levels of up to 80%
- Increased hydration levels with hyaluronic acid
- Increases collagen production
- Removes 3 to 4 weeks' worth of dead skin cells
- Lymphatic drainage removes built up toxins
- Reduces pigmentation including (PIH)
- Brighter skin
- Smoother skin
- Reduces scarring
- Firmer skin
- Glowing, even skin tone
- Flawless makeup application

A course of 6 is advised. One session every 4 to 6 weeks for maximum and lasting results. Million Dollar Medi+ cosmeceutical range of products should be used in conjunction with our treatments to enhance, maintain and deliver ongoing and lasting results.

MILLION DOLLAR DERMAPLANE (EXPRESS 30 MIN/60 MIN)

£40/£65

Million Dollar Dermaplaning is a manual exfoliation cosmetic procedure that gently abrades the top layers of the skin using a surgical blade with our industry leading Million Dollar professional skin care products. The procedure aims to increase the absorption of skincare /topical products and diminish fine lines and wrinkles. The treatment stimulates collagen synthesis and creates a healthy glow and a radiant complexion.

MILLION DOLLAR MICRONEEDLING (60 MIN)

£65

The aim of our Million Dollar micro needling treatment is to traumatise the skin without collateral damage to the epidermis and healthy skin tissue. The recovery is rapid, with little downtime, pain or discomfort.

Million Dollar micro needling is used to treat and improve conditions like acne scarring, fine lines and wrinkles, loose skin, skin texture, pore size, brown spots, stretch marks, and pigment issues.

Working with our bespoke products with full clinical evidence the products and treatment combined are a real powerhouse for results.

MILLION DOLLAR SUPERFACIALS (60 MIN)

£60

GLOW SUPERFACIAL

A luxurious facial combining Million Dollar Vit c10 and the Million Dollar Ice globes. Million Dollar Superfacial Vit C10 is a powerful antioxidant containing L-ascorbic acid at 10%, which has been clinically proven to help clear free radicals caused by ageing, lifestyle and pollution. Using Million Dollar Superfacial VitC10 will improve blood flow to the skin to preserve collagen, leaving skin looking more radiant and your complexion more youthful.

Million Dollar Ice globes are combined within this treatment.

HYDRATE SUPERFACIAL

A powerful, high concentration of 15 % hyaluronic acid. Suitable for use on all skin types, the serum absorbs quickly to hydrate and keep skin supple. The active serum will help to reduce the appearance of fine lines and wrinkles whilst promoting an even skin tone and a youthful complexion. Optimal skin hydration helps to heal and soothe inflammation.

Million Dollar Ice globes are combined within this treatment.

MILLION DOLLAR MIRACLE MASK (60 MIN)

£65

The ground-breaking facial mask packed with clinically proven ingredients. The multi-functional treatment designed to work miracles in one session. Leaving skin tighter, firmer and brighter.

Using the latest in peptide technology, this Miracle Mask has the unique ability to create micro circulation, promote collagen and elastin and stimulate detoxification. Thus, instantly energising the skin giving your client that red carpet look 72 hours before any big event in their social calendar.

Immediate results last up to 7 days with post ongoing results when used alongside weekly treatments. A course of 4-6 treatments will see the full benefit of optimum, lasting results.

THE IMMACULATE PEEL COLLECTION (EXPRESS 30 MIN/60 MIN)

£40/£65

Eliminate Peel

Helps to calm, heal and restore the skin creating a healthy glow. This peel is suitable for all skin types, sensitive, problematic, dry, oily and combination. Also, for inflamed Acne, plus blackheads and comedones. The skin will benefit if you suffer from rough skin texture and enlarged pores.

Radiate Peel

This peel is perfect for uneven or pigmented skin tones. Uneven, photodamaged, acne scarring or age spots. This peel can also target fine lines and dull skin. This will give the skin a beautiful radiance glow.

Rejuvenate Peel

The perfect peel to target and slow the aging process. Improve fine lines and wrinkles, loss of elasticity, age spots, dryness, and the effect of stress on the skin. Reveal that youthful complexion.

ADD ON MILLION DOLLAR MESOTHERAPY

+£10

What is Million Dollar mesotherapy?

Million Dollar mesotherapy is treating the skin with our chosen mesotherapy ampoule to specifically target and enhance your million dollar Facial. By using our ampoules with result driven ingredients and their low molecular weight, A powerful cocktail of vitamins, proteins and Phyto stimulants. It becomes much easier to penetrate the skin and target specific skin concerns, giving the best outcome possible.

ADD TO YOUR FACIAL FOR AMAZING RESULTS

MESO Rejuvenate Ampoule

MESO Radiate Ampoule

MESO Eliminate Ampoule

MILLION DOLLAR MEDI+ RANGE

Million Dollar Medi+ medical grade cosmeceutical range, to compliment, maintain and enhance the results achieved by our Million Dollar Facials.

This is a high strength clinically proven range of products designed for home care, before, during and after in salon treatments to ensure you get the best value and best outcomes from any of our Facials at body and soul.

MEDI + will continue to improve and maintain overall skin health, Also improve appearance and boost your self-confidence.

CACI FACIALS

CACI facial is hailed as a non-surgical-facelift that has attracted adoration from celebrities including Kim Kardashian, Jennifer Aniston, Lindsay Lohan, Jennifer Lopez, Sadie Frost, Michelle Collins, Anthea Turner and Kate Garraway – all looking to get their skin red carpet ready.

CACI NON SURGICAL FACELIFT (75 MIN)

£80

The Caci Facial works to restore and redefine facial muscles back to their original state using micro current. It reduces fine lines and deep wrinkles and works on improving skin tissue. It also encourages healing and repair for acne scarring, blemishes, sun damage and dehydrated skin. After a course of treatment you will see significant improvement to the contours of your face and the condition of your skin.

Benefits of micro current:

- Lifts and tones muscles
- Improves elasticity and collagen
- Enhances the penetration of skin care products
- Reduces fine lines and wrinkles
- Healing

CACI SYNERGY FULL FACELIFT FACIAL (90MIN)

£90

This facial combines CACI signature Non-Surgical facial toning with CACI's new breakthrough S.P.E.D Microcurrent LED Technology which uses LED light therapy to enhance results providing the very best in CACI Non Surgical Facial Toning.

Ultrasonic peeling and orbital microdermabrasion can be used to exfoliate leaving a brighter, smoother complexion. Microcurrent impulses combined with LED light therapy will then lift and tone the face and neck, followed by CACI's unique Wrinkle Comb to target fine lines and wrinkles.

After a course of 10 treatments you can expect to see a more youthful and toned appearance with glowing healthy skin by educating your muscles to their original state. It is recommended that treatments are taken two times per week throughout the initial course. Thereafter, we recommend monthly maintenance treatments every 4 weeks.

CACI JOWL LIFT (30 MIN)

£30

Firm and tone the jaw line. This 30 minute facial treatment helps to improve the appearance of sagging jowls by targeting the muscles around the jawline, a great express facial or add to any facial.

CACI SYNERGY EYE REVIVE & LIFT (30MIN)

£30

The gentle Eye Revive treatment soothes tired, puffy eyes, combats dark circles, reduces fine lines and wrinkles and lifts hooded eyes. The treatment uses serum filled CACI microcurrent eye rollers which have a cooling effect on the skin to gently tighten and tone sagging muscles around the eye area, whilst reducing the appearance of fine lines and wrinkles.

ADD ON HYDRATONE MASK

+£10

For immediate boost of hydration; the Hydratone Mask is ideal to add to your facial treatment. With added hyaluronic acid, vitamin C, vitamin E and collagen which will penetrate to the deeper layers of the skin tissue along with CACI micro current. This treatment is ideal for added hydration, will help to plump up fine lines and has an immediate cooling effect that will soothe and calm any skin redness or irritation.

LED LIGHT THERAPY (10MIN) added to most of Body and Souls Facials

LED Light Therapy is a soothing, pain-free treatment using particular colours of light for their beneficial effects on the skin. The LED light penetrates into the deeper layers of the skin and can be used to accelerate wound healing, reduce break-outs, stimulate collagen production, even out skin tones, and much more. This treatment can be used alone, or in combination with other facial treatments to achieve particular effects.

Body & Holistic Treatments

DEEP TISSUE MASSAGE

Alleviate high stress levels and ease aching muscles with this powerful deep tissue massage. Designed to squeeze lactic acid and toxins from the muscles leaving you feeling relaxed and renewed.

30 MIN	£35
45 MIN	£45

REFLEXOLOGY

Reflexology is massage of the feet that aims to promote wellness in other areas of the body, using reflex points the body is helped to heal and re balance its self, deeply relaxing with great results

60 MIN	£55
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AROMATHERAPY

Aromatherapy is the use of essential oils to promote healing and relaxation during massage, some health benefits of Aromatherapy include its ability reduce anxiety, ease depression, boost energy levels, induce sleep and relieve pain.

30 MIN	£45
60 MIN	£65

ADD ON YOUNG LIVING ESSENTIAL OILS

+£5

Lash Bar

The revolutionary alternative to lash extensions, that provides longer looking natural lashes, that will last up to 6 weeks and requires no maintenance!

LVL LASHES (45 MIN)	£55
LASH BOMB (45 MIN)	£45
LASH TINT (20 MIN)	£20
BROW TINT (15 MIN)	£12
LASH & BROW TINT	£26

Lash Bomb, LVL , and tinting procedures require a 24hr patch test.
Lash Bomb and LVL not suitable during pregnancy.

Threading

EYEBROWS	£12	CHIN	£12
LIP	£10	FACIAL	FROM £15

Waxing

EYEBROWS	£12	UNDERARM	£10
LIP	£10	BACK	£20
CHIN	£10	BIKINI	£15
HALF LEG	£21	HOLLYWOOD/BRAZILIAN	£24
FULL LEG	£31	HOT WAX TREATMENT FOR HOLLYWOOD/BRAZILIAN	£30
HALF ARM (WRIST TO ELBOW)	£20		
FULL ARM (WRIST TO SHOULDER)	£30		

Nail Bar

JESSICA MANICURE (45 MIN)	£28
JESSICA PEDICURE (60 MIN)	£38

DESIGNEX PRO EXTENSIONS (75 MIN)	£55
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DesignEx Pro™ introduces game-changing products to create perfect gel extensions in a flash.

IZ PRO GEL & THE GEL IN A BOTTLE (BIAB)

GEL HANDS (45 MIN)	£31
GEL FEET (30 MIN)	£28
GEL PEDICURE (60 MIN)	£40
GEL HANDS (REMOVE AND REDO) (60 MIN)	£35
GEL FEET (REMOVE AND REDO) (45 MIN)	£32

Nail Bar Specials

HARD GEL	£5
REMOVAL	£10
REMOVAL OF OTHER SALONS GELS	£15
SHAPE & POLISH	£18
FRENCH POLISH EXTRA	£3.50
GLITTER APPLICATION	£2.50
NAIL ART	£3-£8

Our brands include

MILLION
DOLLAR FACIAL



CACI
NON SURGICAL SOLUTIONS

THALGO
LA BEAUTE MARINE

THE
gel
BOTTLE

iz
BEAUTY OF LONDON
PRO COLOUR
100% OFFERLESION GEL

LVL
LASHES

J
JESSICA®

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